



THE THURSDAY NOTE

| | |
|---|-------|
| Soccer Practice | 16 |
| IDE Soccer Tournament | 17 |
| BYSA concessions – anyone who won't be at IDE Tourney | 17 |
| Outdoor Ed to Springbrook (heck, we'll even let Indoor Ed go) | 19-21 |
| NO SCHOOL | 22-26 |
| IDE Volleyball Tournament @ Trinity CR | 24 |
| Picture Retake Day End of 1st quarter | 27 |

H1N1 Vaccination Clinic Coming to CLS

The Benton County Public Health Department will be conducting an H1N1 vaccination clinic at Central Lutheran School sometime in early November. We are unable to offer many details regarding the time frame because the County hasn't received its allotment of vaccine yet, but here is what we know:

The County will be providing CLS with informational letters to pass along to parents, as well as consent forms. There is no charge for the students to be vaccinated. This is a completely voluntary program. Parents, *you* will need to read the information, educate yourself, consult your doctor and then make the decision as to whether you want your child/ren to take part in this clinic. We will not advise you one way or the other. When the consent forms come home, please return them promptly. The turnaround time will be fast, as the County can only fit us in as their schedule allows. If we don't have a consent form in the school on the date of the clinic, your child will not be vaccinated. Telephone consent will not be accepted. The County does not know, at this time, whether the allotment they get will be the mist, the injectable or both.

As of this writing, **CLS has not had any confirmed cases of H1N1. Some students who became ill earlier this week are suspected to have the virus.** According to the parents of the students, their doctors did not test the students, but the symptoms the children were experiencing made the doctors strongly suspect H1N1. In addition, some of the family members of our CLS students have tested positive for H1N1.

Like a lot of schools in the area, the CLS absentee rate earlier this week was at 10% of the total school population. When the absentee rate hits 10%, we are required to inform the Benton County Public Health Department, which we did. The BCPH then forwarded that information to the State of Iowa, and we are still waiting to receive word from the State for further instruction. In the meantime, the BCPH is encouraging schools with unusual absentee rates to use "social distancing," such as spacing desks in the classroom as far as 3 feet apart. We have put that recommendation into practice except in the kindergarten classroom, where, if we put desks three feet apart, the desks would extend to the Benton/Linn County line. We are putting the kabosh on high 5's, knuckle bumps, hugs and any other unnecessary touching. Seems extreme until you stop to consider how germs are transmitted. We are wiping down hard surfaces with antibacterial wipes and cleansers. We will send home water bottles every night to be washed.

We strongly urge parents to have a Plan B in the event your child becomes ill. Do you have a way for your child to be transported from school if he/she becomes ill at school? Can you receive email or faxes of homework assignments? Do all the children in your family know how to get home/know which bus to take when one of the siblings becomes ill and is not at school? Another thing to think about...if there is homework that is assigned well in advance, encourage your child not to wait until the last minute to complete

2009-10 Theme

Spiritual Fitness

Hymn of the Year

"Let Us Ever Walk with Jesus"

CLS Mission Statement

Central Lutheran assists our congregations and parents by preparing children to be disciples for this life and the life to come.

Principal

Janet S. Doellinger

310 3rd Street W

Newhall, Iowa 52315

Office: 223-5271

CENTRAL LUTHERAN SCHOOL SCRIP ORDER FORM

| | % to CLS | CERT. AMOUNT | X QTY | = TOTAL |
|--|-------------|------------------------|----------|------------|
| LOCAL GROCERY | | | | |
| Wal-Mart | 2% | \$25 \$100 \$250 | | |
| LOCAL HAIR/FACIAL CARE | | | | |
| City Looks | 10% | \$25 | | |
| Cost Cutters (All Locations) | 15% | \$5 | | |
| Styles Unlimited Plus/Norway | 10% | \$10 | | |
| LOCAL RESTAURANTS | | | | |
| American Skillet | 10% | \$5 | | |
| Bishops | 5% | \$10 | | |
| Ced-Rel | 7% | \$25 | | |
| Culver's | 5% | \$5 | | |
| Fazoli's | 10% 7% | \$10 \$25 | | |
| Genghi's Grill | 10% | \$20 | | |
| Happy Joe's (CR Only) | 10% | \$10 | | |
| Leonardo's Pizza | 5% | \$10 | | |
| Playstation | 25% | \$6.35 | | |
| Texas Roadhouse | 10% 8% | \$10 \$25 | | |
| Tommy's West (Edgewood) | 10% | \$10 | | |
| Zio Johno's | 20% | \$5 | | |
| LOCAL RETAIL | | | | |
| Atkins Lumber (Cannot be used for payment on account, job pricing, or garbage tags.) | 4% | \$10 \$25 \$100 | | |
| Creative Memories (Claudia Minor directly/Atkins) | 20% | \$25 | | |
| Kohl's * | 4% | \$25 | | |
| Lemstone | 10% | \$10 \$25 | | |
| May City Bowling (everything BUT League) | 10% | \$10 \$25 | | |
| Premier Designs (jewelry) | 10% | \$25 | | |
| Theisen's (not on farm acct.) | 5% | \$25 | | |
| Finley's (Video Plus) Norway | 10% | \$10 | | |
| White Lights (Soy candles, Frontier Herbs, Iowa Gifts, etc.) | 9% | \$15 \$20 | | |

| | | | | |
|------------------------|--|------------|--|--|
| SCRIP Gift Certificate | | \$5 incmts | | |
|------------------------|--|------------|--|--|

| NATIONAL HOME IMPROVEMENT | | | | |
|----------------------------------|-----|---------------|--|--|
| Home Depot | 4% | \$25 \$100 | | |
| Lowe's Home Improvement | 4% | \$25 \$100 | | |
| Menards | 3% | \$25 \$100 | | |
| NATIONAL RESTAURANTS | | | | |
| Applebee's | 8% | \$25 | | |
| Arby's | 8% | \$10 | | |
| Burger King | 4% | \$10 | | |
| Carlos O'Kelley | 9% | \$10 | | |
| Chili's | 11% | \$25 | | |
| Chuck E. Cheese | 8% | \$10 | | |
| Cold Stone Creamery | 8% | \$10 | | |
| Domino's | 5% | \$5 | | |
| KFC | 9% | \$5 | | |
| Long John Silver | 9% | \$5 | | |
| Outback Steakhouse | 4% | \$25 | | |
| Panera Bread | 9% | \$10 | | |
| Papa John's Pizza | 8% | \$10 | | |
| Pizza Hut | 9% | \$10 | | |
| Red Lobster/ Olive Garden | 9% | \$25 | | |
| Red Robin | 9% | \$25 | | |
| Ruby Tuesday's | 8% | \$25 | | |
| Starbucks (not bookstores) | 7% | \$10 \$25 | | |

| | % to CLS | CERT. AMOUNT | X QTY | = TOTAL |
|-------------------------------------|-------------|-----------------|----------|------------|
| Subway | 3% | \$10 | | |
| Wendy's | 4% | \$10 | | |
| NATIONAL RETAIL | | | | |
| Advance Auto Parts | 7% | \$25 | | |
| AT&T Prepaid Phone Card 100 min. | 20% | \$9.50 | | |
| Amazon.com | 4% | \$25 | | |
| American Eagle | 8% | \$25 | | |
| American Express Gift Card | 1.2% | \$100 | | |
| Auto Zone | 5% | \$25 | | |
| Barnes & Noble (B. Dalton) & online | 9% | \$10 \$25 | | |
| Bass Pro | 9% | \$25 | | |
| Bath & Body Works | 13% | \$10 \$25 | | |
| Bed Bath & Beyond | 7% | \$25 | | |
| Best Buy | 2% | \$25 \$100 | | |
| Blockbuster Giftcard | 7% | \$10 | | |
| Movie Card (single rental) | 15% | \$3.79 | | |
| Night (2DVD, popcorn, pop) | 15% | \$12.00 | | |
| BP (former Amoco) | 2% | \$50 | | |
| Build-A-Bear Workshop | 8% | \$25 | | |
| Cabela's | 11% | \$25 | | |
| Claire's (Afterthoughts) | 9% | \$10 | | |
| Dick's Sporting Goods | 8% | \$25 | | |
| Dillard's | 9% | \$25 | | |
| Dress Barn | 8% | \$25 | | |
| Eddie Bauer | 9% | \$25 | | |
| Family Christian Stores | 9% | \$25 | | |
| Finishline | 10% | \$25 | | |
| GNC | 8% | \$25 | | |
| Gander Mountain | 8% | \$25 | | |
| Gamestop | 3% | \$25 | | |
| Gordman's | 7% | \$25 | | |
| Home Shopping Network | 6% | \$25 | | |
| iTunes | 4% | \$15 | | |
| J. Crew | 13% | \$25 | | |
| JC Penney * | 5% | \$25 \$100 | | |
| Jiffy Lube | 8% | \$30 | | |
| JoAnn Fabrics | 6% | \$20 | | |
| K Mart | 4% | \$25 | | |
| L.L. Bean | 15% | \$25 | | |
| Land's End | 17% | \$25 | | |
| Maurices | 7% | \$20 | | |
| Michaels | 4% | \$25 | | |
| Office Max | 5% | \$25 | | |
| Old Navy/The Gap | 9% | \$25 | | |
| Payless Shoe Source | 13% | \$20 | | |
| PetSmart | 4% | \$25 | | |
| Pier 1 Imports | 9% | \$25 | | |
| Sally's Beauty Supply | 12% | \$25 | | |
| Sears | 4% | \$25 \$100 | | |
| Staples | 5% | \$25 | | |
| Tanger Outlet | 8% | \$25 | | |
| T.J. Maxx & Marshall's | 7% | \$25 | | |
| The Children's Place | 12% | \$25 | | |
| Toys 'R Us | 1.5% | \$20 | | |
| Walden Books/Borders | 9% | \$10 | | |
| Walgreens | 2% | \$25 | | |
| Younkers | 8% | \$25 | | |

| | | | | |
|--------------------------|--|--|--|--|
| TOTAL SCRIP ORDER | | | | |
|--------------------------|--|--|--|--|

* Indicates "Accepts payment on account"

GL 11/13/08

CENTRAL LUTHERAN SCHOOL SCRIP ORDER FORM

Place your order at Church and the order will be ready the following Friday at School or Sunday at church.

SCRIP works just like gift certificates/gift cards that you would purchase at your favorite store. The only difference is you purchase them from the Central Lutheran School SCRIP Program. There is no additional cost to you. The more SCRIP that is bought the more funds raised for Central and our congregations.

Orders can be brought to the school office, 8:00 a.m. – 4:00 p.m., Monday – Friday; or to the churches on Sundays. Orders can be picked up Fridays after 12:00 p.m. at CLS or at the churches on Sundays. Orders are placed weekly. All orders placed by 9:00 a.m. Monday mornings will be ready for pick-up the Friday of the same week.

IN STOCK (plus a lot more!):

A Variety of Restaurants and Retail

Inventory purchases can be made at CLS:

Mondays: 8:00 – 9:00 a.m. **Fridays:** 8:15 – 8:45 a.m.

SCRIP Gift Certificates are available in \$5 increments under Local Scrip.

Some ideas to consider:

- Mondays -- Carlos O'Kelley's -- \$0.99 & \$1.99 kids meals
- Tuesdays -- Fazoli's - \$0.99 kids meals
- Wednesdays -- Applebee's --\$0.99 kids meals
- Anytime -- Pizza Hut and Book It!
- Kohls -- can use scrip to pay on account
- Avon -- place an order with Angie Horak, books available in the office
- Premiere Design is available -\$25

NEW:

- American Express Gift Card \$100 Ask for details
- Home Shopping Network \$25
- Jiffy Lube \$30
- Auto Zone \$25

The scrip order form is available at
www.centrallutheranschool.org

Name _____
 Address _____
 Phone: (H) _____ (W) _____
 Date Submitted: _____

Delivery:

- Pick up at St. John
- Pick up at St. Stephen's
- Pick up at Grace Lutheran
- Pick up at St. Paul Lutheran
- Pick up at Central Lutheran School
- Send home with _____

Parent Permission Signature _____

Thank you for participating in the Central Lutheran School SCRIP Program. If you have any questions, please call:

- From St. John: Amy Eggert, 223-5803
- From St. Stephen's: Amy Wells, 446-7956
- From Grace Lutheran: Jennifer Hayden, 454-9009
- From St. Paul Lutheran: Jeff Rieck, 454-6403
- At CLS: 223-5271

Please make checks payable to Central Lutheran School or have exact cash. All certificates are subject to availability.

Central Lutheran School is not responsible for lost or stolen SCRIP certificates.

I would like to order a SCRIP Wallet for \$1.00 \$ _____
 New cascading gift card holder for \$3.00 \$ _____

| | |
|-------------------|------------------|
| Office Use Only | |
| Received by _____ | Date _____ |
| Amount _____ | Check # _____ |
| | Exact Cash _____ |

Can you make change?



Change and Lutherans aren't two words that are normally put together in a sentence, unless the sentence is "Lutherans don't adapt well to change." However, we will try to buck the trend: Students, remember to bring in that spare change tomorrow, which has been designated as Change Day. (Next Friday is also another Change Day.) Make a "change" in someone's life by helping a child in China attend a Lutheran school to learn about Jesus— Mrs. Rempfer

October 27 – Second Grade Field Trip to the farm (rain date is October 28). Dress appropriately for the weather.

Sign up now for Parent/Teacher Conferences

Parents/Guardians: Parent-Teacher conferences for grades K-8 are scheduled for Thursday, Oct. 29 and Friday, Oct. 30. On Thursday, conferences will begin at 2:00 pm and will run until 8:00 p. m. (break from 5:30-6:00 for supper). On Friday, conference times will be available from 8:00 to noon. Preschool parents, your conference times on Thursday will begin at 9:00 a.m. and will run until 8:00 pm (last time slot begins at 7:45 pm). If you can't make it during any of the available time slots, please talk with your child's teacher about alternate scheduling.

Pride Apparel Orders



Chapel Information

1st Quarter Offerings:

Camp Okoboji

October 14 Offering:

\$55.75

Total to date (1st q):

\$682.01

October 21 Leader:

Pastor Williamson

Singing:

Whitney Houston

Pride Apparel are the red Central T-shirts, sweatshirts and embroidered shirts, not to be confused with the Athletic Gear. The order form for Pride Apparel should have come home last week. These orders are due Wednesday, November 4, and will be the only order we place before Christmas. Call the office if you need another form.

Jubilation Choir (Grades 5-8)

Jubilation Choir will NOT be traveling to the Virginia Gay Annex or the Lutheran Home in Vinton tomorrow. With the absenteeism rate on the rise due to illness, we don't want to take any germs to the residents.

Mark your territory!



Want to save yourself and us hours of frustration hunting down coats, scarves, boots, mittens and boots? Put your child's name in every piece of outdoor apparel that comes to school. When parents call the school and report a missing pair of black gloves, that describes about half the gloves in the whole school. While no two snowflakes are alike, not so with snow pants, even if you have a distinguishing mark such as a rip in the crotch. I could go through the coatroom and find a half-dozen other snow pants, the same color, that all have a rip of some kind near the crotch. Additionally, it's not unusual to find two kids in the same class who have identical coats. And, if they're in the same class, they're probably the same size, so then how do you distinguish? Parents, please take a few minutes NOW to write in your kids' coats, sew labels on mittens and scarves, write in the boots and especially, mark the snow pants. You'll save a lot of time, money and lecturing down the road.

H1N1 (cont'd from Page 1)

the assignment. Encourage him/her to complete it as soon as possible because the flu can come on quickly, and then the homework load will only be greater. When you call the school to inform us about an absence, please let us know who is coming to get assignments and when. If you won't be picking up until well after-hours, we can leave assignments in the breezeway between the exterior and interior doors of the main entrance. Please be proactive about retrieving homework assignments and the necessary books your child will need.

Remember, don't send your child back to school until he/she has been fever-free for 24 hours (without Tylenol or other fever reducing meds). This is very important in reducing the spread, and it's also school policy. Please do not be offended if and when we send your child home. If your child displays a fever OR if your child is so miserable that it is not conducive to the learning experience, he/she will be coming home. We know that most parents work. We know the hardship it causes when parents have to miss work or school. However, kids get sick and that's the bottom line. When you're called to come get your child, we're acting on the best interest of your child and the rest of the children in the school. If you disagree with our decision, contact Mrs. Doellinger directly and immediately. This brings up another issue: if you have a student who has underlying medical issues, such as cardiac difficulties, asthma, diabetes, etc., please have a dialogue with your doctor about any special precautions you should be taking. **And as always, please contact the school and let us know when your child will not be at school, whether it's due to illness or any other reason. If we don't hear from you by the time school begins, we have to start making phone calls to track down your child's whereabouts.**

Mrs. Doellinger will issue a letter if and when we get our first *confirmed* case of H1N1 at CLS, and we will post it to our website.

In the meantime, let your common sense prevail, and hang in there, only 7 more months until flu season is officially over!

Cross Country Results

CLS students put in another fine showing in the books at the CPU cross country meet this week. In the 7th grade boys' division, Trevor H ran 2 miles in 12:25, coming in second overall out of a field of 56. Ben R ran 13:28 and came in 12th overall. In the 8th grade girls' division, Kristin K ran 13:55 and came in 12th out of a field of 59 eighth grade girls.

Let's Do Brunch!

If you're a fourth grade parent and haven't been assigned a job for the Brunch, you've been flying under the radar. *All* fourth grade parents need to be involved in some way. Please contact Darci Janss or Rhonda Hollister to find out where you've been assigned.

All parents, please sign up for a shift to work during the Brunch. The Brunch is one of the biggest fundraisers we do all year, so we need all hands on deck. Call the office to sign up.

Wear your lung on your sleeve...

Since the beginning of school we have been preaching the importance of coughing into your elbow, and we are *very* encouraged that even the preschoolers and kindergarteners have this concept down to a science. All the students are doing a phenomenal job at this. Just a reminder that when they come home at night, even if the shirts look clean, you'll want to toss that puppy in the hamper right away, because the sleeves probably look like a very active petrie dish. In addition, the students are wiping down hard surfaces with disinfectant wipes and are "washing" with hand sanitizer before entering the computer lab. They all deserve a pat on the back, but since we're encouraging keeping social distance, a quick, *verbal* "attaboy/attagirl" will suffice.



**Central Lutheran School
Home of the Cougars**

310 3rd Street W.
Newhall, Iowa 52315
319-223-5271
Fax: 223-5257
Email:

clsoffice@centrallutheranschool.org



Below: The weather wasn't very cooperative but the show must go on! Last week the kindergarten and first grade students were treated to a ride on the fire engine by the Newhall Fire Department. Two honorary kindergartners, Maggie W. and Dakota H., were invited to ride along. It's a sad story...when they were in their youth, neither one got to ride the fire engine when their classes went, so rather than risk scarring their psyche for the rest of their lives, we loaded 'em up and fulfilled their lifelong dream of riding the firetruck. Their fellow classmates gave them a fitting send off.

The sewing classes continue to be fun for most and a source of frustration for some. **Top Left:** Josh M goes bob, bob, bobbin along..get it? "Bobbin" Jacob B and Andrew T: Tis easier to get a camel through the eye of a needle than to get the needle threaded on this machine! Morgan E practices her magic act. Now you see me... Kristin K became hypnotized by her thread. She had no memory of her antics when we finally woke her up but it was pure entertainment for the rest of us. Taylor P gets help from Mrs. Runge with her blanket for Project Linus.

