



Central Lutheran School's Annual

Back to School

5K Fun Run/Walk

Saturday, Aug 21st, 2010

Park Pavilion in Newhall, Iowa

3rd Avenue and 3rd Street



Racers Pick Up Packets & Late Registration: 7:30 a.m. – 8:45 a.m.

Race Starts: 9:00 a.m. Awards: 10:30 a.m.

Contact: Bill Buscher – 515-577-8908 or 319-446-7125

All entrants will receive a T-shirt!

Registrations received by Aug 2 will receive on race day; if received after Aug 2 will receive at a later date.

\$22 each before Aug 2, 2010

\$25 each after Aug 2, 2010

Rain Date: Sunday, August 22. Race Starts: 9:00 a.m.

Check KCRG-TV9 for cancellation within 30 minutes of start time due to lightening.

Full Name: _____
Last First M.I.

Address: _____
Street Address Apt. #/Unit #

_____ City State Zip

Day Phone: _____ Email: _____

Shirt Size: S M L XL XXL (circle one) Event: 5K Run 5K Walk (circle one)

Age: _____ Gender: M F Birth Date: _____ (required for place)

Emergency Contact Name: _____ Phone: _____

I know that running or walking in a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I form myself and anyone on my behalf, waive and release Central Lutheran School, the 5K Run/Walk Committee, the City of Newhall, and all race sponsors, supporters, and officials, their representatives and successors from all claims of liabilities of any kind arising out of this event for any legitimate purpose.

Signature (Parent Signature if under 19)

Date



REGISTRATION FORM

Make checks payable to and mail registration to:

Central Lutheran School * PO Box 190 * Newhall, Iowa 52315 * c/o Bill Buscher